



# Want to Improve Patient Medication Adherence Rates? Modifying Your Workflows Could be the Solution

Quality Insights has developed a list of workflow modifications your practice can use to improve medication adherence, particularly among those managing chronic conditions such as hypertension, diabetes and hypercholesterolemia.

As an active participant in the Live Healthy project, Quality Insights is requesting that your practice **implement ONE workflow improvement related to medication adherence**. Our team is available to support your workflow modification efforts – **at no cost to your practice** – so please contact your local Practice Transformation Specialist if any of the options below are of interest to your practice.

## Office Workflow Modifications

- Urge patients to make a medication adherence pledge. Print out the [pledge form](#) and aid patients in designing their own pledge reason(s).
- Utilize the [Medication Adherence survey](#) with your patients OR have patients complete the [paper survey](#) and go over the results with them while they are still at the office after their appointment.
- Engage patients with a medication reminder wallet size card. Print the [card](#) and give it to patients.
- Encourage patients to adhere to medications through improved communication practices. Download and distribute AHRQ's [Be More Involved in Your Healthcare Tip Brochure](#).
- Develop a [protocol for staff](#) to ask and document patient medication adherence during every visit.
- Provide patients with an updated medication list and instructions after every visit. Verbally discuss any new changes in medications or regimens.
- Establish a protocol for following up with patients who receive new prescriptions or have medication changes in a timely manner.