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DELAWARE PUBLIC HEALTH SERIES

Medication Therapy Management: Evidence-Based Collaboration to Improve Blood Pressure Control

Improving medication adherence is an important way to increase quality and reduce cost. As a medical provider, you no doubt realize the challenges of medication adherence. One evidence-based way to address this problem is collaborating with pharmacists as extended members of your care team to provide medication therapy management (MTM).

During this course, you will explore the methods, goals, and benefits of MTM, as well as evidence that supports its effectiveness. You'll also learn how to facilitate physician-pharmacist collaboration and how to refer certain Delaware patients for no-cost, pharmacist-provided MTM.

This course is part of Quality Insights' ongoing efforts to support Delaware medical practices through our partnership with the Delaware Division of Public Health's implementation of quality improvement initiatives.

Recommended Audience

The information in this course is appropriate for providers and clinical staff.

Questions?

Please contact your Quality Insights Practice Transformation Specialist for questions about course content. For technical assistance with the learning platform, please email EDISCO@qualityinsights.org.

Learning Objectives

- Define medication therapy management (MTM).
- Describe two evidence-based benefits of MTM for patients and providers/practices.
- Explain how to refer Delaware patients on hypertension or cholesterol medications for MTM through the Delaware Pharmacists Society (DPS).



Course Requirements

- Complete the readings, videos, and online activities included in the 60-minute e-learn
- Pass a knowledge check with a score of $\geq 80\%$
- Complete an evaluation



***PLUS:** Nursing Continuing Education/Continuing Medical Education (1.0 hour) is offered with this course at NO COST!

Quality Insights has no conflicts of interest in the development of this course.

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