



Prediabetes Workflow Modifications to Improve Care for Your Patients

Providers and practices who are actively engaged in the Delaware Division of Public Health (DPH) program, [Implementation of Quality Improvement to Improve Diabetes and Hypertension](#), have the benefit of scheduling a no-cost Workflow Assessment (WFA) with a local Quality Insights Practice Transformation Specialists (PTS). WFAs are completed **annually** and designed to initiate a future state of processes that will move the needle on clinical quality improvement activities.

The following list includes solutions aimed at achieving better patient outcomes in cooperation with the WFA. **We encourage you to partner with your Quality Insights PTS to discuss scheduling a WFA and implementing at least ONE of the recommendations listed below.** If you are not currently working with a PTS and would like to schedule a **No-Cost** WFA, please email [Robina Montague](#) or call **1.800.642.8686, Ext. 7814.**

Electronic Health Record (EHR) Actions

	Implement a bi-directional interface to engage in referrals to National Diabetes Prevention Program (National DPP).
	Run an EHR report to identify patients with prediabetes (HbA1c of 5.7-6.4%; fasting plasma glucose of 100-125 mg/dL), add the diagnosis of prediabetes (R73.03) to the medical record to identify patients who are eligible for National DPP referral.
	Activate a CDS reminder to refer patients with prediabetes to National DPP.

Protocol & Workflow Actions

Create a protocol to routinely screen patients for prediabetes based on guidelines.

Practice & Clinical Solutions

Using the [Prediabetes module](#) as a guide:

	Refer patients to a local or online National DPP. Create a process for referral and feedback.
	Participate in a letter, text or portal message campaign to refer patients with prediabetes to National DPP.
	Participate in Quality Insights Prediabetes and Diabetes Academic Detailing .
	Consider becoming an accredited National DPP.
	Participate in piloting a protocol for referring to National DPP.
	Participate in pharmacist-led medication management education that will provide engagement tools for Medication Therapy Management (MTM) referrals.
	Participate in providing pharmacist-led MTM to patients virtually or in office at no cost for up to 50 patients. Contact your Quality Insights PTS for more information.
	Routinely order prediabetes screening tests including: Hemoglobin A1c (HbA1c); Fasting Plasma Glucose (FPG) and Oral Glucose Tolerance Test (OGTT).
	Review the most current prediabetes learning module for information about the prediabetes conversation.
	Discuss prediabetes during a staff meeting. Encourage providers to utilize the billable code (R73.03) that can be used to indicate a diagnosis of prediabetes (or other abnormal glucose) and be utilized to generate reports for patient outreach.
	Promote upcoming diabetes prevention events in your county.
	Refer patients to a local or online National DPP. Create a process for referral and feedback.

Patient Education Actions

	Review Medication Adherence module . Educate patients on the importance of medication adherence and create a workflow in your office to document and address patient communication barriers.
	Provide medication adherence patient education on flash drives provided by Quality Insights.
	Promote the National DPP prediabetes risk test and the diabetes risk test to your patients. Have the tests available in the waiting area and exam rooms to educate your patients and help identify risk for diabetes.
	Communicate to patients the importance of controlling prediabetes to prevent the development of diabetes. Emphasize the significance of lifestyle.

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