



Workflow Modifications: Actions Your Practice Can Take to Improve Cholesterol Management

Providers and practices who are actively engaged in the [Delaware Division of Public Health \(DPH\) Live Healthy program](#) have the benefit of scheduling a no-cost Workflow Assessment (WFA) with a local Quality Insights Practice Transformation Specialist (PTS). WFAs are completed **annually** and designed to initiate a future state of processes that will move the needle on clinical quality improvement activities.

The following list includes solutions aimed at achieving better patient outcomes in cooperation with the WFA. **We encourage you to partner with your local PTS to discuss scheduling a WFA and implementing at least ONE of the recommendations listed below.**

Electronic Health Record (EHR) Actions

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| | Execute a report of patients with high cholesterol (LDL >100 mg/dl). |
| | Activate a clinical decision support (CDS) reminder for LDL >100 mg/dl. |
| | Activate clinical decision support (CDS) reminders for patients with high cholesterol for referral to lifestyle change program such as Weight Watchers, TOPS, and University of Delaware Cooperative Extension. |
| | Report cholesterol/statin measure (CMS 347/MIPS 438/ACO-42) annually and quarterly. Determine ability to report at race and ethnicity levels. |
| | Develop and implement process for documenting referrals (including lifestyle change programs) in structured data fields or via non-EHR tracking method to monitor and ensure feedback reports are received. |
| | Evaluate EHR capabilities related to social determinants of health (PRAPARE tool and/or ICD10). |

Protocol & Workflow Actions

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| | Reference the 2018 Guideline on the Management of Blood Cholesterol and Million Hearts® Treatment Protocol library to evaluate and establish cholesterol testing and treatment protocols within your practice. |
| | Assess a patient's 10-year ASCVD risk using the ASCVD Risk Estimator. Find the tool by downloading the AHA Guidelines-on-the-Go mobile app or accessing it online. |

Practice & Clinical Solutions

Using the [Cholesterol Learning Module](#) as a guide:

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| | Educate all members of the care team on lifestyle change programs including the providers who are key in patients accepting the recommendations. |
| | Implement a team-based care management plan to address high cholesterol. Contact a Quality Insights Practice Transformation Specialist for further assistance. |

Patient Education Actions

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| | Share community resources with patients promoting CDC-approved programs such as Weight Watchers (WW) and TOPS. |
| | Refer patients to the University of Delaware Health and Nutrition programs . Visit their Nutrition & Wellness Event website to view a variety of free programs available to patients on a rotating schedule. |
| | Implement use of the Medication Adherence Estimator® and suggested patient conversations to enhance medication adherence. Review Quality Insights' Medication Adherence learning module for more information. |



The healthcare improvement experts.