



Diabetes Workflow Modifications You Can Implement in Your Practice

Effective diabetes management takes continued commitment from both the patient and their care team. To support healthcare providers in your efforts to help patients with diabetes best manage their disease and keep it under control, Quality Insights has released a new [Diabetes Care Practice Module](#) that provides clinicians with information about diabetes management education, online resources and tools for providers and patients, links to educational training sessions, and more.

One section of the module discusses how specific workflow modifications can be made within your practice that could ultimately improve outcomes for patients with diabetes. Quality Insights has compiled a list of suggested workflow modifications for you to consider implementing in your practice. These items are listed below.

As an active participant in our Hypertension and Diabetes project, Quality Insights is requesting your participation in **implementing at least ONE workflow improvement related to diabetes**. Quality Insights is available to support your workflow modification efforts - **at no cost to your practice**. Simply contact one of our Practice Transformation Specialists - [Ashley Biscardi](#), [Danielle Nugent](#), [Sarah Toborowski](#) or [Ryan Williamson](#).

Office Workflow Modifications

- Refer patients to Diabetes Self-Management Programs (DSMP) and Diabetes Self-Management Education Classes (DSME) – [Delaware DPH DSMP Programs](#), [AADE DSME Classes](#)
- Create a protocol to routinely screen patients for diabetes who are overweight or obese
- Educate patients on the importance of medication adherence and create a workflow in your office to document and address patient communicated barriers
- Identify patient transportation barriers for diabetic-related appointments and provide a list of options to mitigate their transportation barriers
- Routinely monitor diabetic patients through lab testing according to ADA guidelines
 - Hemoglobin A1C recommended twice per year
 - Urine protein levels annually
 - Lipid panels annually
- Identify your patients with a diagnosis of diabetes, perform outreach to patients encouraging them to attend DSMP and/or DSME classes
- Create an office protocol for your medical assistant to discuss DSMP and DSME with all patients living with diabetes
- Recommend [diabetes apps](#) for patients to better manage their diabetes
- Offer patient education materials on healthy living and healthy eating for managing diabetes
- Add these [facts](#) about diabetes to your website and share with your patients
- Keep copies of the [Prediabetes Screening Quiz](#) in your lobby and exam rooms to educate your patients and help identify patients at risk for diabetes

