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DELAWARE PUBLIC HEALTH SERIES

Healthy Heart Ambassador Blood Pressure Self-Monitoring

This 60-minute interactive e-learning course will explore details of and the supporting evidence for the Delaware Healthy Heart Ambassador Blood Pressure Self-Monitoring (HHA-BPSM) program for practices. Various tools and resources will be provided for each of the components of the program. Alternatives for referrals will be discussed so that providers and practices can select their preferred referral pathway to connect patients with HHA-BPSM. The information presented is appropriate for nurses, physicians, physician assistants, and nurse practitioners, and other office staff.

Recommended Audience

The information in this course is appropriate for nurses, physicians, physician assistants, nurse practitioners, and other office staff.

Continuing Education

Nurses: This course is approved for 1.0 hours of Continuing Education for Nursing. Quality Insights accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The CAMC Health Education and Research Institute designates this internet enduring material activity for a maximum of 1 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Questions?

If you have questions, contact Ashley Biscardi at abiscardi@qualityinsights.org. For technical assistance with the learning platform, email EDISCO@qualityinsights.org.

Learning Objectives

- Explain key scientific evidence that supports self-measurement of blood pressure for hypertension control.
- Describe the components of the Delaware HHA-BPSM program and how they contribute to hypertension control.
- Design a referral pathway to engage patients in HHA-BPSM.

Course Requirements

- Complete the readings, videos, and online activities included in the 60-minute e-learn.
- Pass a final knowledge check with a score of 80 percent or better.
- Complete an evaluation.