



## Prediabetes Workflow Modifications to Improve Care for Your Patients

Providers and practices who are actively engaged in the [Delaware Division of Public Health's \(DE DPH\) Quality Improvement in Hypertension and Uncontrolled Diabetes](#) program have the benefit of scheduling a no-cost Workflow Assessment (WFA) with a local Quality Insights Practice Transformation Specialists (PTS). WFAs are completed **annually** and designed to initiate a future state of processes that will move the needle on clinical quality improvement activities.

The following list includes solutions aimed at achieving better patient outcomes in cooperation with the WFA. **We encourage you to partner with your Quality Insights PTS to discuss scheduling a WFA and implementing at least ONE of the recommendations listed below.** If you are not currently working with a PTS and would like assistance, please email [Ashley Biscardi](#) or call **1.800.642.8686, Ext. 137.**

### Electronic Health Record (EHR) Actions

	Activate clinical decision support (CDS) reminders for prediabetes (i.e. diagnosis parameters, use of Prediabetes Risk Test, referral to National DPP). Run an EHR report to identify all patients with prediabetes (see practice module for diagnosis parameters). Engage in bidirectional referrals to National DPP utilizing the Unite DE platform.
	Add a diagnosis of prediabetes (R73.03) to the medical record.
	Run a report of current, tracked prediabetes quality measures (i.e. NQF 0059) and identify areas for improvement.

## Protocol & Workflow Actions

	Create a protocol to routinely screen patients for prediabetes utilizing the Prediabetes Risk Test. Include a consistent process for reviewing the outcome and referring patients to the National DPP. Partner with Quality Insights to conduct a letter/text message/patient portal (including follow-up calls) campaign.
	Review/create current office protocol for prediabetes. Assess for the following components and, if needed, update to include: <ul style="list-style-type: none"> <li>• Current guidelines</li> <li>• Medication (and adherence) processes</li> <li>• Team-based care</li> <li>• Appointment processes (including follow-up)</li> <li>• Use of Prediabetes Risk Test</li> </ul>

## Practice & Clinical Solutions

Using the [Prediabetes Practice Module](#) as a guide:

	Utilize the assistance of Quality Insights to become an accredited National DPP.
	Provide training to clinical staff on: <ul style="list-style-type: none"> <li>• The appropriate use of the <a href="#">Prediabetes Risk Test</a>; and</li> <li>• How to facilitate conversations about prediabetes</li> </ul>
	Partner with Quality Insights to participate in a worksite wellness training focused on the benefits of participating in National DPP and/or DSMES.

## Patient Education Actions

	Provide promotional materials from local National DPP sites to encourage patients with prediabetes to participate in area programs.
	Review the <a href="#">Delaware Diabetes Coalition Resource Guide</a> for Persons Living with Diabetes.
	For patients who are struggling to afford medical services, medications, and/or supplies related to prediabetes or diabetes, refer to the Delaware Emergency Medical Diabetes Fund by calling <b>302-744-1020</b> . <a href="#">Download this flyer</a> for more information and eligibility criteria.
	Refer Delaware state employees living with prediabetes to <a href="#">Solera</a> (National DPP).

