



Quality Insights & You

Diabetes Control and Prevention, Hypertension and Cholesterol Management



The healthcare improvement experts.

Primary care practices often treat many patients with hypertension, diabetes and prediabetes on a daily basis. Like most clinicians, your resources are limited and you need to maximize your resources. Quality Insights, under an agreement with the Commonwealth of Pennsylvania, Department of Health, is now offering **NO COST ASSISTANCE** to eligible health care systems and independent private practices to improve individual patient care and overall population health for chronic diseases.

Clinical Areas of Focus:

- Prediabetes and Diabetes
- Blood Pressure Control and Hypertension
- Cholesterol Management

Services tailored to YOUR practice needs:

- Workflow analysis
- Analysis of process and outcome measures
- Optimize the use of your EHR/HIT
- Integration of data and quality outcomes enhancing your Quality Payment Program and PA Promoting Interoperability participation
- Education resources for staff and patients
- Quality improvement guidance

How it works:

- Practices will pay nothing and will receive assistance from Quality Insights experts
- Onsite assistance is available, plus phone & email support
- An agreement with Business Associate Addendum is signed that outlines the role of your practice & Quality Insights

The Statistics Are Shocking

84 million American adults have prediabetes and 90% are unknown they have the condition¹

30.3 million Americans have diabetes and 1.5 million newly diagnosed patients are added to that number each year²

75 million American adults have high blood pressure (BP) with only about half (54%) of these people having their high BP under control³

39.7% American adults have a total cholesterol level of 200 mg/dL⁴

1. CDC: <https://www.cdc.gov/diabetes/basics/prediabetes.html>

2. ADA: <http://www.diabetes.org/diabetes-basics/statistics/>

3. CDC: <https://www.cdc.gov/bloodpressure/index.htm>

4. AHA: <https://www.heart.org/en/health-topics/cholesterol>

Let's Lower These Numbers:

If you would like to join us in this important initiative or would like more information, please email **Robina Montague** at rmontague@qualityinsights.org or call 1.267.642.0904.