



Prediabetes Workflow Modifications to Improve Care for Your Patients

As an active participant in our hypertension and diabetes quality improvement project, Quality Insights is requesting your participation in **implementing at least ONE workflow improvement related to prediabetes**. Quality Insights is available to support your workflow modification efforts - **at no cost to your practice**. Simply contact one of our Practice Transformation Specialists - [Ashley Biscardi](#), [Danielle Nugent](#), [Sarah Toborowski](#) or [Marti Deacon](#).

Office Workflow Modifications

- Have patients complete the [Prediabetes Risk Test](#) while they are waiting to be seen by the provider and review the results with patients during their appointment.
- Routinely order prediabetes screening tests including: Hemoglobin A1C (HBA1C), Fasting Plasma Glucose (FPG) and Oral Glucose Tolerance Test (OGTT).
- Refer patients to the [YMCA National Diabetes Prevention Program](#) (NDPP). The clinical site who achieves the most referrals to the NDPP will receive a Diabetes Prevention Diplomat Reward!
- Implement e-connect (bi-directional interface) between your EHR and the YMCA of Delaware Diabetes Prevention Program.

- Add a diagnosis of prediabetes (R73.03) to the medical record of these patients and create a reminder in their chart to refer these patients to the [YMCA Diabetes Prevention Program](#).
- Participate in Quality Insights' Prediabetes Academic Detailing pilot program.
- Communicate to patients [the importance](#) of controlling prediabetes to prevent the development of diabetes. Emphasize the significance of healthy lifestyle.
- Click [here](#) to learn more about how to have the prediabetes conversation with your patients.
- Share this Delaware National Diabetes Prevention Program (National DPP) [video](#) with your patients (i.e. waiting room, patient portal, email, practice website).
- Participate in Quality Insights' National DPP referral letter campaign. Quality Insights will execute an electronic health record (EHR) report identifying patients eligible for the National DPP and then mail those patients a referral letter on behalf of the practice.
- Run a report in your EHR to identify all patients with prediabetes:
 - HBA1C of 5.7-6.4%;
 - Fasting Plasma Glucose of 100-125 mg/dl
- Discuss prediabetes during a staff meeting. Encourage staff to utilize the billable code (R73.03) that can be used to indicate a diagnosis of prediabetes (or other abnormal glucose).
- Work with Quality Insights to become a National DPP accredited program. Click [here](#) to learn more.
- Promote upcoming diabetes prevention events in your county. Work with Quality Insights staff to stay up-to-date with upcoming events and promote them to your patient population.
- Distribute flash drives preloaded with prediabetes education that are available at no-cost from Quality Insights.

