

Improving Patient Outcomes with Self-Measured Blood Pressure Monitoring

This 60-minute interactive webinar provides a high-level, evidence-based review of self-measured blood pressure monitoring (SMBP) and health care practice workflow modifications designed to increase patient SMBP engagement. This webinar was developed through a joint partnership with the Pennsylvania Department of Health and CDC-grant funding. The information presented is appropriate for physicians, physician assistants, nurse practitioners, nurses, and other clinical support staff

Expert Presenters

- Kristen Follert, MS, Chief Operating and Compliance Officer, NEPA Community Health Care
- Audrey Costello, BSN, RN, Care Management Supervisor, NEPA Community Health Care
- Amy Porter, BS, LPN, Practice Transformation Specialist, Quality Insights

Quality Insights and presenters have no identified conflicts of interest.

Continuing Education

Nurses: This course is approved for 1.0 hours of Continuing Education for Nursing. Quality Insights accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Physicians: The CAMC Health Education and Research Institute designates this internet enduring material activity for a maximum of 1.0 AMA PRA

Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Learning Objectives

- Describe prevalence of hypertension and uncontrolled hypertension
- Identify strategies to achieve hypertension control according to the 2020 Surgeon General's Call to Action to Control Hypertension
- Plan workflow modifications to implement selfmeasured blood pressure monitoring, including utilization of the patient portal for increased engagement

Course Requirements

To receive continuing education credit, participants must:

- Attend the 60-minute webinar presentation
- Complete the evaluation and knowledge post-test



